

(All walks begin from the front of The Wheatsheaf)



Morning wee and late night pee (15 minutes)

Turn right and continue through the village. Towards the end of the village turn right at the pink cottage to join Low Lane. Continue past the farm and chickens on your left, until you reach the junction. Turn right up the hill to pass the village hall on your left to return to The Wheatsheaf.



Woodland stretch (20 minutes or an hour)

Turn left down the hill past the village hall ignoring the two roads on your left. Turn right into the woods. This path stretches for around 20 minutes and has a stream to cool off in. You can either walk to the end and return, or turn left at the path end underneath the electricity pylon through the wooded narrow path & through the field towards the houses & onto Garth Row. Turn left at the lane & continue to join the main Underbarrow to Brigsteer road. Turn left to return back to the pub passing the village hall on your left.



Sizergh - Café, Castle and Brigsteer woods (allow 2 hours)

Head up the road ignoring the two lanes on your right, taking the third right down a track. Keep going until you reach the end of the track, you will see 2 houses on your right. Go through the wooden gate and continue through the field. Rising slightly you will then reach Helsington. Carry on down the foot path to your right along the track with the church behind you. From here you will see sign posts to Sizergh carry on following the signs past the National Trust cottages.

Pass right through the gate into the wooded path. The path heads through open fields. Stop off for refreshments at Sizergh



café. From here follow the signs back towards Levens where you will reach the road from Brigsteer to Levens. Cross the road continuing on into Brigsteer woods. Keep going until you reach the gate towards the end of the woods. You will see the bird hide on your left. Turn right towards the top of



the field entering a second field. At the top enter the gate on your left through some houses entering on to a footpath. Carry on down until the end of the foot path where you will reach Brigsteer

road. Turn left to head back down the hill to the pub.



Scout Scar Adventure (30 minutes up to as long as you would like

to explore) — Head up the road for about half mile past the S bend, taking the sharp bend to the left, ignoring the Helsington turn near the top. Pass through the wooden gate on your left and either turn right or head straight up the field path. Either way will create a circular route

and from here you can explore the scar and hunt for 'The Mushroom.'



